

****EDUCATIONAL PROGRAMS** Please sign up for all classes by calling or stopping by the office.

June 1, Wednesday: Blood Pressure Clinic, 10am-12 noon. Please bring your list of medications with you.

June 8, Wednesday: Blood Pressure Clinic, 10am-12 noon. Please bring your list of medications with you.

June 8, Wednesday: Podiatry with Dr. Hamilton, 8:30am-12 noon. Call for an appointment.

June 9, Thursday: 11am-12 noon ** Lunch and Learn The Driving Dilemma with Dr. Elizabeth Dugan PhD., an associate professor of Gerontology at UMass in Boston. Dr. Dugan provides clear, useful information about the effects of age, medical conditions, and medications on driving and is a comprehensive resource for families facing questions about driving safety. Come and listen to our learned speaker while enjoying lunch with others. Right at Home will be providing lunch.

June 9, Thursday: 6pm ** Dinner and Learn Come enjoy a nice meal while listening to a leading physician, Dr. Alan Marks, talk about Rheumatoid and other types of Arthritis. He has some very important information to share that will help you, or someone you care about, manage this challenging condition.

June 15, Wednesday: 10am-12 noon - Blood Pressure Clinic, Diabetes Clinic
Please bring your list of medications with you.

June 16, Thursday: 12 noon-1pm ** Lunch and Learn Allison Nowak, Community Relations Associate from Sunrise in Weston, will enlighten us with some options to provide safety and security for your loved one, in your own home or elsewhere. Enjoy this delightful lunch provided by Sunrise of Weston.

June 22, Wednesday: 10am-12 noon- Blood Pressure Clinic Please bring your list of medications with you.

June 23, Thursday: 12 noon-1pm **Lunch and Learn The *Cause and Effect* of Hearing Loss with Joe Sarofeen from the Apex Hearing Company. Joe will be giving a wonderful talk about a very common, but sometimes challenging subject.

June 24, Friday: 10am-11pm **Hearing Screening This is a follow up to our Thursday, June 23rd program. A hearing screening, as well as the cleaning and checking of existing hearing aids, will be provided. Please call to register!

June 29, Wednesday: 10am-12 noon- Blood Pressure Clinic Please bring your list of medications with you.

June 30, Thursday: 10am-12 noon ** Organization Spring is often the time to refresh and renew your home. It is the time when you want to gain control over your space, de-clutter, store winter things, deep clean, and decide what you want to keep, toss or donate. Sound overwhelming? We are having two extremely organized women come here to help us with our "spring cleaning". Come to hear professional organizers, Michele Hamblin and Sally Chvany give tips on how to get started. Please remember to sign up.

