

OUTREACH TEAM

The COA Outreach program is funded in part by the Concord Carlisle Community Chest.

Concord Emergency Services and the COA need your help WITH A NEW SAFETY PROGRAM!

Are you the caregiver for a loved one? Would you need assistance in an emergency situation? Do you use a wheel chair or walker? Do you use oxygen? Are you the caregiver for someone with Dementia? PLEASE let your local COA, Fire and Police Departments know your special needs so they can better help you in an emergency!

It will be a great help for them to:

- Know about you and what your needs are;
- Have up-to-date information about you;
- Have a recent picture ID.

If you do not have the form from last month's newsletter, we have a supply in the office. You may just come in and fill one out.

File of Life

We have a new supply of forms for the File of Life in the office. Please come by and take one home. Emergency personnel know to look for them in your home. We also have smaller ones for your pocket or purse, for when you are out. We request that anyone using COA transportation, or taking a trip with us, have one with you in order to provide for your safety in an emergency.

A Caregivers' Support Group

A group for those caring for loved ones with Alzheimers or related dementia will meet the third Tuesday of each month from 10:30 AM – 12:00 noon at the Concord Council on Aging. Please call Sally (978-318-3020) with any questions. **The next meeting is Tuesday, June 21st at 10:30 AM.**

Bereavement Support Group

A group for those who have experienced the recent death (within the past two years) of a spouse or partner will meet at the COA on the first Wednesday of each month. Please call Sally (978-318-3020) to voice interest or ask questions. **The next meeting is Wednesday, June 1st at 10:30 AM.**